



5-Steps To Book

**Toast The Coast
Food Tours**

Portia Woods

**CAUSEWAY COASTAL
ROUTE**

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Why Choose Toast The Coast

PORTIA LIVES THE CAUSEWAY COASTAL ROUTE

Showcases Embrace A Giant Spirit
Personally designed, managed & delivered by owner Portia Woods
Taste & Experience partners secured.
Accommodation & Transport partners tested & established.
Prices established.
Custom & popular itineraries.
Client request matching with unlisted VIP experiences.
Guiding, Hosting & Concierge personal attention.

Flexible to Clients

ALL REQUESTS ACHIEVEABLE

Flexible Times: Start & end times, part day or full day.
Dietary: Suitable to all dietary requirements.
Seasonal: Adjustments or last minute requests.

Taste

NORTHERN IRELAND SHOWCASED

Eat: Dedicated Toast The Coast plate compositions, Great Taste Award winning, like a local.

Meet: Producer, Farmer or Made at Source & Food heritage story.

Make: Make & Eat, Watch & Eat.

Experience Memory Making

EMBRACE A GIANT SPIRIT

Space: Beach, Coastal paths, Forest, Waterfalls, Walking, Kayaking, Horse Riding, Foraging, Boat.

Place: Castles, Homes, Distilleries, Farm, Historic, Museums.

People: Storyteller, Crafter, Artist, Maker, GOT, Ancestral, Chef.

Responsible: Social Enterprise, Local Environment.

Secret: Northern Ireland's lesser known.

Request : Quote : Book

REQUEST & QUOTE WITHIN 12 HOURS

Meeting your clients requests and expectations is important for Portia to achieve on your behalf. The portfolio of food tasting and experience partners is established with pricing agreed, reducing your time planning & searching for itineraries.

Request, quote, finalise & book with confidence and in partnership.



Toast The Coast Food Tours & Experiences

A Story of Food along the slow road of the Causeway Coastal Route showcasing Northern Ireland food & drinks, meet & greet with local people and stunning scenery all in one journey. A unique deli style Taste The Island breakfast plate, traditional breads at the family bakery holding 49 Great Taste Awards, a 1625 built Castle on the Coast serving Irish Tapas & Craft Gin, with time to explore the castle or beach. Take in the scenery and relax as we embrace the coastline around each village & Glen. World famous organic salmon & organic beef from farm to fork after exploring the splendour of Glenarm Castle Estate Walled Garden. Local craft drinks & whiskey from the world's oldest distillery with a sweet & salty tasting. Truly shaped by fire & ice, a dramatic view ending in a final toast & tasting in the home of one of Ireland's smallest pubs, even the chance to pour your own pint of the black stuff. #EmbraceaGiantSpirit

Toast The Coast Signature Food Tour

Whitehead	<p>The Bank House Experience a unique Northern Ireland deli breakfast, celebrating Taste The Island. <i>Cheese, meats, yogurt & granola cup, breads, crackers & apple juice shots.</i></p>
Larne	<p>Ann's Pantry Time to enjoy Great Taste Award winning home baked produce from BBC Northern Ireland's Best Bakery and hear about 50 years of family baking traditions. <i>Soda bread, Black Pudding Potato Bread, Wheaten (1st at World Bread Awards) & Bacon.</i></p>
Ballygally	<p>Ballygally Castle* Experts in food provenance, Northern Ireland themed Tapas & Gin tasting perfect serve awaits you, with time to explore the Castle built in 1625 or admire the beach by foot. <i>Pan seared Chorizo, Baby Potatoes, Salt & Chilli Prawn, Bruschetta & Goats Cheese with Gin Tasting perfect serve.</i></p>
Glenarm	<p>Glenarm Castle Estate & Tea Rooms Explore the Castle Estate walled garden followed by an organic, global award-winning food selection in the tea rooms. <i>Slow roasted Glenarm Organic Shorthorn Beef, Glenarm Organic Smoked Salmon with local bread & seasonal garden salad.</i></p>
Carnlough	<p>The Londonderry Arms Hotel Built in 1848, originally a 'coaching inn' the Arkle Bar offers a winning toast to the 'water of life' (whiskey), local gin or craft beers and try something homemade that is sweet or salty. <i>Irish Whiskey, Local Craft Gin, Local Craft Beer, Homemade treat & Dulse.</i></p>
Cushendun	<p>Mary McBride's & The Little Black Door* A final toast to the coast of local drinks & food taster to seal the experience, and admire the front bar, one of Ireland's smallest pubs. <i>Local craft Ales, Craft Gin, Whiskey or Pint (even pour your own), with shot of Seafood Chowder, Homemade Pie or Ice Cream.</i></p>

*Note: 2 stops on tour feature Game of Thrones® Doors carved from fallen trees of the Dark Hedges.

Highlights

- Exclusive tasting plates designed & reserved for Toast The Coast guests at every stop.
- Meet & greet with local owner or chef telling the local story of each food plate & place.
- Light guided commentary with a local tour guide sharing knowledge and stories about the coastline, countryside, local life & food heritage.
- Slow road along the stunning scenery of the Antrim Coast Road & Glens of Antrim, mainly the stretch of the Causeway Coastal Route from Belfast to Cushendun (104miles/168km round trip).
- Signature Full Day tour stops in Whitehead (40mins), Larne (40mins), Ballygally (50mins), Glenarm (1 hour), Carnlough (50mins) & Cushendun (50mins).

The Details

- Full Day 9 Hours (based on Belfast depart/return 9am-6pm). Up to 12 people recommended.
- Custom times, locations & multi day available.
- Pre-written, custom & tailored tour itineraries available (size 12 to 20 people).
- Specific itineraries for group size 20 plus.
- Choose from step on service or transport provision inclusion.
- Transport partners available, luxury Mercedes & mid-range options.
- Portfolio of exclusive authentic experiences can be added to itinerary.
- Vegan, religious dietary appreciation, non-alcohol & dietary requirements catered at booking.

Availability

- All year Monday to Saturday.
- Adapted tours available for Sundays.
- Glenarm gardens closed November to March if weather is unfavourable, replaced with Castle Trail at management discretion.

Languages

- Translators/native language tour guides available when booked in advance.

Example Itinerary Timings for Full Day Tour

Town	Name	Arrival	Length	Depart
Belfast Depart				9:00am
Whitehead	The Bank House	9:40am	40mins	10:20am
Larne	Ann's Pantry	10:30am	40mins	11:10am
Ballygally	Ballygally Castle Hotel	11:20am	50mins	12:10pm
Glenarm	Glenarm Castle Tea Rooms	12:20pm	1 hour	1:20pm
Carnlough	Londonderry Arms Hotel	1:30pm	50 mins	2:20pm
Cushendun	Mary McBride's	2:50pm	50 mins	3:40pm
Belfast Arrival		5:15pm/6pm		

Toast The Coast Food Tour & Experiences

Half Day Tour (3 stops) plus Experience to Create a Day of 2 Halves

Add on Experience	Visit Time	Duration	Capacity	Category
Walking the Edge at Gobbin's Cliff Path	AM	3 hours	12 per group	Walking (Boots) Outdoor
Whiskey on the Rocks at Giants Causeway	PM	2.5 hours	12 per group	Walking Outdoor
Blacksmith Hot Milk Forge Martinstown	AM or PM	2 hours	20 per group	Demonstration Indoor
Carving at the Campfire Carnfunnock or Glenarm	AM or PM	3 hours	12 per group	Hands On Outdoor
Distillery or Brewery Visit Bushmills, Shortcross, Hillstown	AM or PM	2.5 hours	20 per group	Tour Indoor
Coastal Village Tour Whitehead, Cushendall, Cushendun	AM or PM	2-4 hours	12 per group	Walking Outdoor & Indoor
Fire & Feast Glenarm (with Game of Thrones®)	AM or PM	4 hours	12 per group	Hands On Outdoor
Waterfalls, Stories & Music Glens of Antrim	AM or PM	3 hours	12 per group	Walking Outdoor & Indoor
Ulster Scots Tour Co Antrim	AM or PM	2 hours	12 per group	Walking Outdoor & Indoor
Hillsborough Castle & Gardens Hillsborough	AM or PM	3 hours	16 per group	Tour Outdoor & Indoor
Seamus Heaney Homeplace Bellaghy	AM or PM	2 hours	20 per group	Tour Indoor
Ireland Steam Railway Museum & Participative Heritage Theatre Whitehead	AM or PM	4 hours	16 per group	Tour Indoor
Farm & Study Tours Glens of Antrim	AM or PM	4 hours	12 per group	Tour Outdoor
Giants Causeway Tour Bushmills	AM or PM	2 hours	20 per group	Walking Outdoor
Private Dining with a local in their home	AM or PM	3 hours	6 per group	Indoor
Artist Visit or Workshop Or Meet the Maker	AM or PM	1-4 hours	6 per group	Indoor & Outdoor